

## Patient Intake Form

Today's date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_ M  F

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone #: ( ) \_\_\_\_\_ Work #: ( ) \_\_\_\_\_

Email: \_\_\_\_\_ (only for appointment reminders, no junk mail will be sent)

Emergency Contact name, phone #, and relationship to you: \_\_\_\_\_

Your Current Occupation(s): \_\_\_\_\_ Are you satisfied with your work situation? Y  N

How did you hear about us? \_\_\_\_\_

Name and phone # of other Healthcare providers you are seeing:

1. \_\_\_\_\_ 2. \_\_\_\_\_

### Section 1: Current Health Concerns

**What are your chief health concerns?** (Please list them in order of importance to you)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

Previous treatments and results:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Section 2: Medical History

**Please check the following that apply to you:**

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Cancer   | <input type="checkbox"/> Diabetes Mellitus    | <input type="checkbox"/> Surgeries     | <input type="checkbox"/> Venereal disease       |
| <input type="checkbox"/> High blood pressure                                    | <input type="checkbox"/> Seizures             | <input type="checkbox"/> Asthma        | <input type="checkbox"/> Allergies              |
| <input type="checkbox"/> Heart disease or stroke                                | <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Depression    | <input type="checkbox"/> Other mental illness   |
| <input type="checkbox"/> Rheumatic fever  | <input type="checkbox"/> Thyroid disease      | <input type="checkbox"/> Arthritis     | <input type="checkbox"/> Alcoholism             |
| <input type="checkbox"/> Kidney disease   | <input type="checkbox"/> HIV                  | <input type="checkbox"/> Drug abuse    | <input type="checkbox"/> Anemia                 |
| <input type="checkbox"/> Shingles   | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Ulcer         | <input type="checkbox"/> Digestive disorders    |
| <input type="checkbox"/> Neuromuscular disease                                  | <input type="checkbox"/> high triglycerides   | <input type="checkbox"/> Liver disease | <input type="checkbox"/> Lung/pulmonary disease |
| <input type="checkbox"/> Osteoporosis   | <input type="checkbox"/> Gall bladder disease | <input type="checkbox"/> Miscarriage   | <input type="checkbox"/> Autoimmune disease     |
| <input type="checkbox"/> Eating disorders                                       |   |  |   |
| <input type="checkbox"/> Serious childhood illnesses _____                      |   |  |   |
| <input type="checkbox"/> Significant trauma (auto accidents, falls, etc.) _____ |   |  |   |
| <input type="checkbox"/> Hospitalizations or surgeries _____                    |   |  |   |
| <input type="checkbox"/> Other (please specify) _____                           |   |  |   |

### Section 3: Family Medical History (please write the family member beside checked category, ex. "mother")

- |  |  |
|--|--|
| <input type="checkbox"/> Cancer _____                  | <input type="checkbox"/> High Blood pressure _____ |
| <input type="checkbox"/> Asthma _____                  | <input type="checkbox"/> Depression _____          |
| <input type="checkbox"/> Diabetes _____                | <input type="checkbox"/> Heart Disease _____       |
| <input type="checkbox"/> Allergies _____               | <input type="checkbox"/> Thyroid disease _____     |
| <input type="checkbox"/> Seizures _____                | <input type="checkbox"/> Stroke _____              |
| <input type="checkbox"/> Alcoholism _____              | <input type="checkbox"/> Kidney disease _____      |
| <input type="checkbox"/> Liver disease _____           | <input type="checkbox"/> Hepatitis/jaundice _____  |
| <input type="checkbox"/> Autoimmune disease _____      | <input type="checkbox"/> Arthritis _____           |
| <input type="checkbox"/> Colitis/Crohn's disease _____ |  |
| <input type="checkbox"/> Other (please specify): _____ |  |

### Section 4: Medical and Lifestyle Information

Date of last physical exam: \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Weight 1 year ago \_\_\_\_\_

Date of last dental checkup: \_\_\_\_\_

## Patient Intake Form

How would you describe your general state of health?

Excellent     Very Good     Good     Fair     Poor

Please list all your current prescription medications:

---

---

Please list all vitamin/mineral/herb supplements you are currently taking and indicate dosage:

---

---

Do you regularly use any of the following:  aspirin /Tylenol     antacids     laxatives     diet pills

Do you have any known allergies or sensitivities (environmental, medicine, seasonal, pets, etc) If yes, what are they?

---

Do you get regular screening tests done by another doctor (Pap smear, breast, prostate, blood tests, etc?)

Y  N

What goals do you have for your health care at this time? (Symptom relief, achieving optimal health, etc.) :

---

### **FEE SCHEDULE, CANCELLATION POLICY, PAYMENT OPTIONS**

The following fee schedule includes GST.

First Office Visit \$115.50  
Return Office Visit - 30 minute \$63.00  
Brief Visit-15 minute \$31.50  
Brief Visit Consult from Referral- 63.00

Late Cancellation Charge (less than 24h notice) \$55.00

Any prescribed supplements or laboratory workups are not included in the above rates

#### **Cancellation Policy**

Your appointment has been reserved especially for you. Please provide at least 24 hour notice if you need to cancel or reschedule your appointment.

#### **Payment Options**

Current methods of payment are Cash, Debit, Visa and MC

---

#### *Patient Confirmation*

I, \_\_\_\_\_, have read, understood, and acknowledged the above information about fee schedule, cancellation policy, and payment options.  
I have been honest and provided all answers to be best of my ability.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_